PAIN SCIENCE

EVOOLVE PAIN CARE ACADEMY®

November 22, 2026

EM484: EVOOLVE CFT MASTERCLASS – Cognitive Functional Therapy with Kjartan Vibe Fersum

- Kjartan Vibe Fersum
  PhD, MSc, PT, Manual Therapist, Evoolve Certified CFT Trainer

cher: *Kjartan Vibe Fersum PhD/Manual therapist, University of Bergen, Bergen, Norway, Evoolve tified CFT Trainer*

is 2-day masterclass a bio-psycho-social classification model for the assessment and management nronic low back pain disorders will be presented. Within this model a management approach called nitive functional therapy' for chronic back pain disorders will be outlined. This approach represents ntegrated cognitive and movement / lifestyle behavioural approach to management these complex rders.

workshop draws together current knowledge from Peter O'Sullivan's ongoing clinical work and aborative ground breaking research around the world (Australia, Belgium, Norway and Ireland) stigating the classification and management of chronic low back pain disorders. The workshop is amic, interactive and practical. It includes patient demonstrations, clinical reasoning and equips siotherapists to develop skills in diagnostics as well as the design of CFT interventions for specific rders.

Objectives:

1. Overview of the back pain diagnosis, the evidence and management dilemma
2. Potential multidimensional underlying mechanisms to pain
3. Overview of the clinical reasoning framework of low back pain disorders
4. Develop the communication skills acquired to deal with complex pain problems
5. Develop competency in designing the cognitive component to the motor learning interventions
6. Develop competency in designing CFT interventions

The Masterclass is officially recognized by EVOOLVE Pain Care Academy®, but is not part of the Evoolve tiered CFT pathway

40 Seats

Intended for

Doctors and Physiotherapists
€599.00

Payments

- Deposit €300.00 within 7 days from the registration
- Balance €299.00 by date November 16, 2026

Total: €599.00
16 Hours

Calendar

22-23 November 2026
18,4 ECM

language

English with italian simultaneous transalation

Course Location: Brescia @Sala Formazione Edumed

SCHEDULE

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Day 1

Duration (Time: am-pm)	Addressing Competency No.	Course Content	Teaching/Learning Strategies	Learning Outcome No

08.30-09.00 09.00– 10.00 10.00-10.15	1	Introduction – setting the scene with some considerations Overview of back pain, the evidence and the dilemma of diagnosis Break	Power point presentation Power point presentation	1
10.15-11.45	2	Potential underlying mechanism for pain	Power point presentation	2
11.45-12.15 12.15-13.00 13.00-13.45	3	The clinical reasoning framework of low back pain disorders and CFT Lunch Evidence for CFT	Power point presentation Powerpoint demonstration	3 1,3

13.45-14.00 14.00-16.00	 2,3,4,5,6	Break Patient 1	 Demonstration	
16.00-16.15 16.15-17.00	 5	Break Clinical reasoning form and discussion		

Day 2

Duration (Time: am-pm)	Addressing Competency No.	Course Content	Teaching/Learning Strategies	Learning Outcome No

09.00-09.30 09.30-10.00	 4	Recap – questions from day one Communication – Introduction & Group work	 Practical	
10.00-10.45 10.45-11.00 11.15-12.15	4 5,6	Motivational interviewing Break Motivational Interviewing group work	Power point presentation Practical	
12.15-13.00		Lunch		

13.00-15.00 15.00-15.15 14.15-15.15 15.15-15.30 15.30- 16.00	5,6	Patient 2 Break Summary and discussion	Demonstration Demonstration	