



December 7, 2024

EM383: CREMONA - Hydrokinesiotherapy, another dimension in rehabilitation



Training objectives:

To raise awareness of the difference between water rehabilitation and dry rehabilitation.

Through knowledge of the tools offered by immersion, such as the physical laws governing fluids, the characteristics of water and the emotionality expressed, learners will verify how the water tool in rehabilitation is an excellent complement to dry work.

The aim of the course is for learners to understand the best ways to exploit the operative possibilities, to apply them and use them as rehabilitation tools in both orthopedic, neuromotor and neuropsychomotor fields

Learning to handle the intrinsic characteristics of water and specific sensitivities as rehabilitative tools; to listen and feel how movements and stability dynamics occur differently in the 'aquatic-specific microgravity environment

Learn to evaluate the usefulness of tools and why they are different than those used dry Know how to interact in an integrated rehabilitation team for the extension of the rehabilitation pathway Become aware of the differences between water versus dry rehabilitation and be able to integrate them Check how rehabilitation tools in the aquatic environment can help build a valid therapeutic exercise Understand how to manage patients in water

All organized in a socio-health rehabilitation center such as CR2 Sinapsi, unique at a national level.





50 Seats	€	② 8 Hours	★ 8 ECM
INTENDED FOR	PAYMENTS	CALENDAR	LANGUAGE
Physiotherapists, speech therapists,TNPEE, Occupational Therapists	Deposit €70.00 within 7 days from the registration	07 December 2024	Italian
	Total: €70.00		
ATTENZIONE!			
Sede del Corso: Centro CR2 SINAPSI Cremona Via Serio 34			

SCHEDULE

1. Introduction

2. Methodological basis outcomes and functional resources

The water tool and its indications

Movement in water and balance

The afferent perception and neuromotor response

Dynamics of adaptation

Development-focus on: primary clinging, attachment, intersubjectivity and attunement, holding Relationship, tonic dialogue, play and communication



SPORT PHYSIOTHERAPY

CR2 SINAPSI

IDROKINESITERAPIA

3. Specific rehabilitation aspects in function and empathy

The Orthopedic pc - Adaptation and function
The Neurological pc - Resources and emotionality
The child - Empathy and play
The Immersion and the Plunge
Structuring a Therapeutic Program
The multidisciplinary, coordinated and comprehensive work

4. Materials and facility

Instruments and their use
Differences with swimming facilities
The materials and the pool environment

5. Programs and Guidelines

The Orthopedic Pz in Traumatology (ACL and TT Sprains)
The Orthopedic Pz in elective surgery
The Adult Neurological Pz.
AUTISM
ADHD
RIT. NPSM
S. Down + Syndromes
Sensory deprivations (visual, auditory deficits)