

October 4, 2024

EM338: TAKING CHARGE AND TREATMENT OF THE PATIENT WITH LYMPHOEDEMA: FROM REHABILITATION TO THERAPEUTIC EDUCATION



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TAKING CHARGE AND TREATMENT OF THE PATIENT WITH LYMPHOEDEMA: FROM REHABILITATION TO THERAPEUTIC EDUCATION

Lymphedema is a chronic, progressive and potentially disabling pathology, which needs to be managed according to current scientific evidence in lymphology and according to the model of treatment for chronic diseases.

Starting from theoretical knowledge and the patient's clinical assessment, it will be possible to create a personalized and appropriate treatment path for the person as well as the pathology.

The aim of this training course is to provide participants with the theoretical foundations, scientific evidence and practical skills to implement effective and appropriate treatments for the individual patient suffering from lymphedema.



32 Seats



€1,200.00



52 Hours



50 ECM

INTENDED FOR

doctors and physiotherapists

PAYMENTS

Deposit €450.00 within 7 days from the registration
 2nd deposit €400.00 by date September 23, 2024
 Balance €350.00 by date November 8, 2024

Total: €1,200.00

CALENDAR

Face to face session: 04-06 October, 2024
 Online Session: 16 November, 2024 (synchronous FAD)
 Face to face session: 18-20 November, 2024

LANGUAGE

Italian

LOCATION: Edumed SRL - Brescia, Via della badia, 18

Early Booking for registrations by 02/08/2024: € 980.00 instead of € 1150.00 (save € 170.00).

SCHEDULE

DAY 1

Lymphoedema: definition and hints of epidemiology
 Anatomy and physiology of the lymphatic system
 Etiopathogenesis of edema and lymphedema
 Classification and staging of lymphedema
 Post-oncological treatment lymphedema
 Primary lymphedema
 Evolution of lymphedema and possible complications

DAY 2

The instrumental diagnosis of physiotherapy interest: lymphoscintigraphy, lymphofluoroscopy, tissue ultrasound, etc.
 Is EMB possible in Lymphology? What science says

Differential physiotherapy evaluation of edema

Physiotherapy evaluation of the patient with lymphedema (demonstration on AS and AI patients)

The process of taking charge and treating the person with lymphedema

Cytometry and limb volumetry (demonstration and practical tests among participants)

DAY 3

Physical principles of compression therapy

Multi-component bandage of the lower limb: foot and leg

Multi-component bandage of the lower limb: thigh and waist anchorage

Multi-component bandage of the upper limb: hand

Multi-component bandage of the upper limb: forearm and arm

2nd SYNCHRONOUS FAD MODULE

Surgical techniques in the treatment of lymphedema (Dr. Visconti)

Pre and post surgical rehabilitation protocols

3rd MODULE

DAY 4

Manual lymphatic drainage: history, current technique, indications and contraindications

Manual lymphatic drainage: basic dexterity + dexterity for fibrosis

Upper limb lymphatic drainage

Lower limb lymphatic drainage

Instrumental therapy in lymphedema (practical pressure therapy test)

DAY 5

Lymphatic drainage of other body areas (head and neck, genitals, breast)

Breast lymphedema bandaging techniques + upper limb bandaging revision

Genital lymphedema bandaging techniques + lower limb bandaging revision

The daily management of lymphedema: correct indications to be given to the affected patient

DAY 6

The elastic-compressive brace: timing of packaging, characteristics, prescription

Physical exercise in patients with lymphedema: types and indications

Clinical cases: discussion in small groups and in plenary

final questions

compilation of ECM tests